

Activity : Learning and Growing Camp

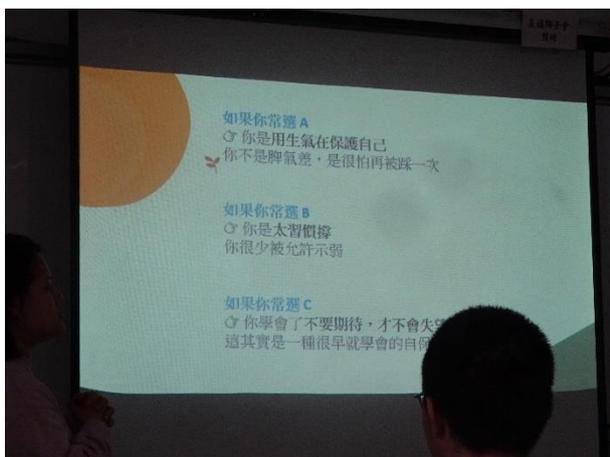
Cooperative Association : New Taipei After-Care Association

Time : 2/11 PM 14 : 10- 15 : 30

Number of Guests : 2 Number of Juveniles : 29

Our institution invited Social Worker Huang Mei-zhen to conduct a seminar titled **"Love, Learning, and Growth—Thanking the 'Difficult People' in Life: On Emotional Intelligence and Self-Care."** The program aims to help juveniles identify their emotional reactions, understand the deep-seated needs behind those emotions, and develop positive ways to cope with stress. With the participation of Specialist Lin Pei-yi from the Taiwan After-Care Association, the event combined professional emotional education with engaging Q&A sessions and rewards. Through warm interaction, we guided the juveniles in learning self-care, enabling them to transform negative emotions through compassion and build stronger emotional management skills and positive growth momentum for their future path to reintegration.

Photos



the lecture



the lecture